



Electricity Saving Tips for Computer Use



- **Personal computers use about the same amount of electricity to startup as they use when running for about two seconds. It saves energy by turning off**
 - the monitor if a PC will be idle for more than 20 minutes
 - both the CPU and monitor if a PC will be idle for more than 2 hours.
- **Advances in technology make a personal computer obsolete long before the negative effects of being switched on and off impact its service life.**
- **Enable power-saving features on computers and monitors.**
- **PCs produce heat, so turning them off reduces building cooling loads.**
- **Use networked printers rather than desktop printers.**



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